



# Hospital Order Form

To order further supplies of these ITP Support Association *Where to Get Help* leaflets for your hospital:

e-mail [shirley@itpsupport.org.uk](mailto:shirley@itpsupport.org.uk)

or

fax 0870 7770 559

or

post this form to

The ITP Support Association  
Synehurste, Kimbolton Rd,  
Bolnhurst, Beds. MK44 2EW



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Hospital \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Tel \_\_\_\_\_

For the attention of \_\_\_\_\_  
\_\_\_\_\_

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# What it is Where to get help

## The ITP Support Association

[www.itpsupport.org.uk](http://www.itpsupport.org.uk)

Registered Charity No 1064480

## What is ITP?

*Idiopathic Thrombocytopenic Purpura* is a rare bleeding disorder in which the body's immune system destroys platelets in the blood. Platelets act as an initial plug to stop blood leakage.

In a healthy person there are usually 150,000 to 400,000 platelets in one cubic millimetre of blood. This is expressed as a platelet count of 150 – 400. In contrast, an ITP sufferer might have a platelet count lower than 5!

Children with ITP usually have the acute type, which comes and goes within a few weeks or so, whilst in adults it often has no apparent cause but is sometimes secondary to another autoimmune disease. ITP can also occur during pregnancy.

Features associated with ITP can be an inability to prevent bleeding after an injury, large multicoloured bruising, numerous small reddish brown bruises, frequent nosebleeds, mouth blisters, heavy periods, petechiae – a rash of red, pin-prick sized spots caused by leaking capillaries and (rarely) bleeding into major organs.

## The ITP Support Association

Founded in June 1995, its aims are to promote the welfare of patients with ITP, to work with the medical profession to promote the advancement of knowledge about ITP and to fund research. The Association provides patient support, a contact network, organizes annual patient conventions and hosts occasional medical seminars. Numerous information booklets and factsheets about ITP and related matters are published by the Association in addition to its quarterly newsletter, *The Platelet*. It is the only UK organisation supporting patients with ITP and is a registered charity.

The ITP Support Association is non profit making, funded entirely by donations and all Association workers are volunteers. Although there is no membership fee to join the mailing list, contributions to assist its continued operation are welcomed.

If you or a family member have ITP, please complete the registration form opposite to receive your free information pack.

## Registration Form

To receive your free information pack please complete this tear off form.

Mr/Mrs/Ms/Dr (delete as appropriate)

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_ Date \_\_\_\_\_

I enclose a donation of £ \_\_\_\_\_  
(please make cheques payable to The ITP Support Association. All donations will be acknowledged.)

I would like to be registered on the Association mailing list to receive free ITP publications and newsletter Yes/No  
(please delete as appropriate)

Signature \_\_\_\_\_

please send the completed form with an A5 self addressed envelope and two 1st class stamps to:

**The ITP Support Association, Synehurste,  
Kimbolton Rd, Bolnhurst, Beds, MK44 2EW**